



PRESIDENT BARB O TEES OFF

CALENDAR

Jan 5* noon	Business Meeting
Jan 6	Lunch Buddy W1
Jan 12* noon	tba
Jan 13	Lunch Buddy W2
Jan 14-16	NW Coalition Against Trafficking in Portland
Jan 19* noon	tba
Jan 20	Lunch Buddy W3
Jan 26*	Committee Chairs
Jan 24 5:30 pm	Board Meeting @ KayLynne's
* La Casa del Pueblo	

Here we are at the start of a New Year. I have never been one to make "New Year's Resolutions" as I do believe I have lost and found the same 10 pounds year after year. I am looking forward to another year making new friends and getting to know old friends better. Have we been having fun this club year? Our Party of Parties signups has been a big success along with the Christmas Auction. What a fun time we had, the FUN raising committee did a fabulous job and I do believe we have reached our goal. Now we can kick up our heels and enjoy getting to know each other better playing bunco, going on hikes, drinking Margaritas and all the rest.

Our committee work is getting into full swing. Committees will be asking for help so let's make it our resolution to step up and have some fun. The Area meeting is scheduled for February 5th. If you haven't been able to attend any of the conferences this is the meeting for you. The education committee will be needing members to help with reading applications and interviewing applicants for the Soroptimist Vicki Smith Memorial Scholarship. Empty Bowls will be held on May 6th this year and needs all our hands. Our signature project – Soroptimist Strong Girls Strong Women is going strong. Money is always an issue with this type of long term project and we need to look at ways to keep it going. There is so much committee work still to do. Let's make this another year to remember and put some FUN into it.

I would like to THANK YOU all for all your hard work this past year and for all your support. I hope the New Year brings you much joy and happiness.

"Regardless of your present situation you should proceed immediately to set a goal to achieve something so big, so exhilarating that it excites you and scares you at the same time."

—Bob Proctor

HAPPY NEW YEAR!

President Barb O

COMING EVENTS:

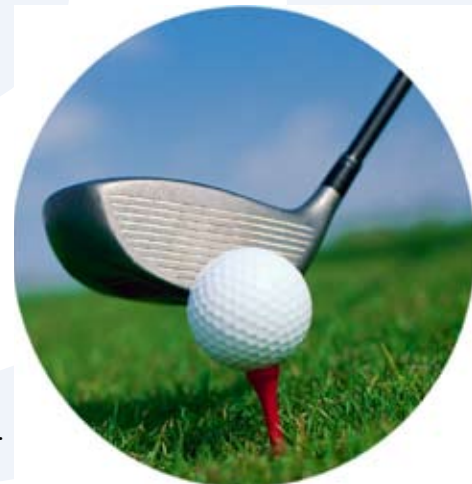
Saturday, February 5th - AREA Meeting; Rogue Regency

Wednesday, April 5th - SO Sexual Assault Symposium Reception; SOU

Friday, May 6th - EMPTY BOWLS

Wednesday, May 18 - Awards Luncheon; Ashland Springs Hotel

Monday, June 13 - Installation; Ashland Springs Hotel



Bring your Box Tops (from cereals, other boxed things) to Janet Leifur for Helman's use.

Get to know our Life Members

Virginia Vogel

Sue has now written a bio on each of our Board Members for the past and current year, plus one for our beloved Vicki Smith. Haven't they been wonderful! They can be found in back issues of our newsletter, in case you missed any. So what next? As Treasurer, I am in touch with our Life Members, women who stay connected to Soroptimist International with a small annual dues. If you have not been a member for long, you probably do not know these women. So Sue and I visited two of our Life Members and will introduce them to you this month and next. Thereafter, we will focus on our members who have been members of Soroptimist the longest (and have not already been featured). —Linda Anderson, ed.

by Sue Kurth

Virginia Vogel, a life member, continues to live life to the fullest. She belongs to a writers group and meets monthly for lunch with eight other friends she met while being a Soroptimist. Because old habits are hard to break, Virginia usually shows up at an October Club meeting....read further to understand why October.

The following article was written by Virginia Vogel. Linda Anderson and I spent a couple of hours interviewing her, but I felt her article was more personal and more interesting than anything I could write. Virginia's story:

“The club and its members first became known to me in March, 1963, when I was doing the accounting and management at the Mark Antony Hotel (now the Ashland Springs Hotel). The club met in the bar and dining room each Friday noon. I greeted them at the front desk and watched as 30-40 well dressed ladies passed by in chatting groups. Women then did not wear pants of any kind to work or to luncheons. Dressy dresses and even hats were the order of the day. Mabel Winston, Dean of Students at the college and Dr. Dorothy Stolp, head of the Drama Department, were prominent members then. At that time membership was by specific invitation only. First, the prospective member was invited to a meeting, but nothing was to be said about possible membership. Only when the name and brief bio were presented to the Board and accepted by the majority of the Board was the person invited by letter to become a part of the prestigious group. The old ‘black ball’ method was used to signify when some Board member thought the candidate for membership was not suitable. The number of members was limited by their classification. Only one of each classification, only two from any one institution, only two from each area (i.e., banking, education, etc). I remember two ladies each owning, along with their husbands, jewelry stores. They had individual classifications: one as silver and one as gold. It was required that the lady be an executive or an owner of a business. Some were owners with their husbands. Many years later the first Homemaker became a classification. This was for Darlene Conlogue who had been a very active member while working and had been able to quit working and stay home with her children.

“In September, 1963, Ann Johnston, Johnston Tire Store, invited me to lunch at a club meeting, and in October I was invited to join the Soroptimist Club, which was a great honor. Bookkeeper was my designation. When inducted, my third child was two months old. At some point in the following year we changed our meeting place to the Elks Club. It was on the first floor, no windows, velour upholstered booth,



LIFE MEMBER, VIRGINIA, CONT. FROM P2



sort of cozy-elegant. It was great as a new member to have the mingling space in which older members would introduce themselves. Incidentally, 'older' was true; most of the members were in their 40s and 50s. I was a baby at 36 years of age. In 1963 club meetings always began with a Soroptimist hymn and a salute to the flag and ended with our pledge. Birthdays for the week were announced and fines paid for birthdays and any personal announcements. In the mid-60s the first pant suits appeared, worn by the banking members: the rest of us were slow to follow. These pant suits were more of the dressmaker type—no blazers. About 1966 I took a leave of absence from the Club to finish my degree at the college, and I had little association until about 1969.

“The pillow-blanket booth was our mainstay. The box on the park lawn was the first of the renting pillows, before the outdoor theater was built. In the 60s and 70s a team of two members was responsible for an entire evening—before the play, at intermission, and after the play to pick up and store the blankets and pillows. Since I had young children I would share with another member so I only had intermission and pickup but twice the number of nights—I think it was only four then as we had about 60 members. Any night that rain dampened, there was a roster of volunteers to call to go to a laundrette to dry and return everything to the storage. I do remember the year I chaired the booth there were seven nights of rain! Over time we began hiring from OSF crew to put pillows and blankets away each night and dry the items when it rained.

“Over the years I served as treasurer twice, not consecutively, and was the back ground accountant until 2000. Before computers, all the record keeping was hand written books and not all members were bookkeepers. In the 70s Federation set up parameters on the budgeting and introduced having Operations separate from Service. Funds raised from outside the club are always to be for Service and Operations funding must come from the members.

“In 1974 or 75, we decided to enter a float in the 4th of July Parade. Someone came up with the idea and made a framework of chicken wire around and over a small flat bed truck. In the heat of July we were in my backyard stuffing white paper napkins in the mesh of the chicken wire so we produced a cloud on which some members rode. What in heaven's name was our theme, I haven't a clue! In 1980 when I was President we met at Merritt Swing Hall, next to Garden Way Park. It was private, and we had caterers provide the lunch. We had a live and involved group then. I had the honor, and burden, of being appointed to the Oregon State Board of Accountancy in 1980 so it was sort of a blur to me. I do know that we had built up a large reserve of funds without a purpose, so the Board got busy, solicited input and found meaningful uses. One was to place a large amount with the Southern Oregon College Foundation to earn enough interest for a scholarship each year. Until then we had budgeted a scholarship each year and paid it piecemeal, term by term. Dr. Betty Lou Dunlap, Chair of the Education Department was the guiding force for this. I have always felt our purpose was a mix of hands on aid and financial support and that most needs are immediate.”



PARTY OF PARTIES: SUCCESS!

I do not yet have a final accounting of our hugely successful Party of Parties & Christmas Auction, but I can report that we are over-budget (\$2,000) for FUN raising for our operations for the 2010-11 Fiscal Year. Great Job, Yolanda & Mel!

And Karen Machen reports that all had a good time“(what beautiful cookies and candies!”) at the Cookie Exchange party that Barb & Barb hosted.



HUMAN RIGHTS & STATUS OF WOMEN

In November we had a review of Soroptimist and the United Nations by Kathy M. The December issue of TIS (The International Soroptimist) is devoted to this same subject and will give you a much more in depth and clearer picture of our partnership with the UN. It highlights the upcoming events through March 2011. The main event is the 55th CSW in New York Feb 22 - Mar 4th. You will recall that CSW stands for the Commission on the Status of Women which is dedicated exclusively to gender equality and advancement of women. The issue also talks about the consolidation of several of the UN departments involved in women issues into UN Women (UN Entity for Gender Equality and the Empowerment of Women). There is also a report on the SI UN Reps in Geneva and Vienna and their on Trafficking issues.



<http://www.soroptimistinternational.org/html/publications.html>

INTERNATIONAL CONVENTION IN MONTREAL



19th International Convention
July 10 to 14, 2011 – Montréal, Québec, Canada

July 10-14, 2011 in Montreal, Canada

Early Bird Registration is open until April 15, 2011. Registration, hotel, airline and event information is now available on the web site: <http://www.si-montreal2011.org/>

One of the daily themes for the convention is "Women as Role Models". The speakers are all Canadian women who are role models in their various endeavors.

There will be a Friendship Evening dinner and the Convention Banquet where many Soroptimists wear their traditional costumes. The social highlight is a concert by Tocadeo (the Canadian IL Divo) in the Notre Dame Basilica just for Soroptimists. There are City Tours, River Boat Tours, Walking Tours and Day Tours to Quebec and Ottawa. Doesn't this sound fun? Check out the web site or ask Kathy M.

If this convention is not doable for you now, save those pennies for 2015 SI Convention in Istanbul, Turkey!

—Kathy Mooney



HR&SW CONT.

It is all very interesting reading. If you haven't already been sent (by e-mail) your own copy, click on the link above. We are truly a international organization of remarkable women helping other women.

—Kathy M.

JANUARY IS CERVICAL CANCER AWARENESS MONTH

Cervical cancer was once one of the most common causes of cancer death for American women. Between 1955 and 1992, the cervical cancer death rate declined by almost 70% with the increased use of the Pap test. This screening procedure can find changes in the cervix before cancer develops. It can also find cervical cancer early—in its most curable stage. The death rate from cervical cancer continues to decline by nearly 3% each year.

Cervical cancer tends to occur in midlife. Most cases are found in women younger than 50. It rarely develops in women younger than 20. Many older women do not realize that the risk of developing cervical cancer is still present as they age. Almost 20% of women with cervical cancer are diagnosed when they are over 65.

In thinking about risk factors, it helps to focus on those you can change or avoid (like smoking or human papilloma virus infection), rather than those you cannot (such as your age and family history). However, it is still important to know about risk factors that cannot be changed, because it's even more important for women who have these factors to get regular Pap tests to detect cervical cancer early.

Cervical cancer risk factors include:

1. The most important risk factor is infection by Human papilloma virus infection (HPV), a group of more than 100 related viruses that can infect cells on the surface of the skin, genitals, anus, mouth and throat. While HPV is common, chronic infection can result in cervical or other cancer.

2. Women who smoke are about twice as likely as non-smokers to get cervical cancer.

3. Human immunodeficiency virus (HIV), the virus that causes AIDS, damages the body's immune system and places women

at higher risk for HPV infections.

4. Chlamydia, a relatively common bacteria, can infect the reproductive system. Spread by sexual contact. Chlamydia infection can cause pelvic inflammation, leading to infertility.

5. Diet

Women with diets low in fruits and vegetables may be at increased risk for cervical cancer.

6. There is evidence that taking Oral contraceptives (OCs) for a long time increases the risk of cancer of the cervix.

7. Women who have had 3 or more full-term pregnancies have an increased risk of developing cervical cancer.

8. Women who were younger than 17 years when they had their first full-term pregnancy are almost 2 times more likely to get cervical cancer later in life than women who waited to get pregnant until they were 25 years or older.

9. Poverty is a risk factor for cervical cancer.

10. DES is a hormonal drug that was given to some women to prevent miscarriage between 1940-71. Women whose mothers took DES (when pregnant with them) develop cancer of the cervix more often than would be expected.

11. Cervical cancer may run in some families.

Women need to be vigilant. Include Pap Smears in your health planning and discuss the benefits of the HPV Vaccine with women in your life below the age of 25.

The Health and Environment Committee
—Sheila Maher

Sara's Saga

Chapter 5.

The ongoing story of WhoNeedsNewspapers as Sara and Paul drive across all 50 states.

by Sara Brown

The weather: Well, we had this plan to avoid cold weather:

The Midwest in the summer, New England in the fall and then North and South Carolina, Georgia and Florida as it started to get cold. Wrong. The darned Arctic air mass tripped us up, giving us temperatures in the teens. In Savannah, GA we took a walking tour and nearly froze our toes.



Turtles: One of the highlights this month was Jekyll Island, GA, Sea Turtle Center and the Sea Turtle rescue hospital. Each rescued turtle was given a name and an explanation of their injury/treatment. One could "adopt"

a turtle to help pay for its treatment. I bonded with one young unnamed turtle who moved with me as I walked around its tank.



Food: We tasted food from the sublime (fried green tomatoes at Magnolias in Charleston, SC) to the intensely carb loaded Duke's—last chance for South Carolina BarBQ before you cross the border—hush puppies, fried okra, macaroni and cheese, fried chicken,



shredded chicken with sauce. Burp.

Christmas: Daughter Lisia and son-in-law, Dennis, flew to Orlando and joined us for Christmas in Cortez, FL. We chose Cortez because it's close to Holmes Beach where old friend Julie Walton lives. Real estate Soroptimists know Julie from her work at Ashland ReMax and Medford Keller-Williams. Santa was clever, found

our RV and filled our Dollar Store stockings to the brim.



"Who Needs Newspapers?" report: This month we visited the Fayetteville

(NC) Observer, the Rome (GA) News-Tribune, the (SC) Post and Courier, and the St. Petersburg (FL) Times. Now, a three-week time out in Florida.

Until next month,
Sara



www.whoneedsnewspapers.org ®

**SOROPTIMIST INTERNATIONAL
OF ASHLAND**

meets at noon on Wednesdays
from September through June.
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SARA BROWN JAN 14
SUSAN HOLLANDSWORTH JAN 14



CAROLYN JOHNSON 24 YR
BARBARA OLDFIELD 8 YR
BARBARA HETLAND 6 YR
KAREN MACHEN 1 YR

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